

# Arabic Food Recipes

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## Recipe - Wikipedia

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Hummus (/ ˈ h ʊ m ʊ s /, / ˈ h ʊ m ʊ s /; Arabic: هُمُّصٌ ?, 'chickpeas'; full Arabic name: hummuʔ bi-ʔaʔna Arabic: هُمُّصٌ مَعَ تَحِينٍ ?, 'chickpeas with tahini') is a Middle Eastern dip, spread, or savory dish made from cooked, mashed chickpeas blended with tahini, lemon juice, and garlic. The standard garnish in the Middle East includes olive oil, a few ...

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